

CERTIFICATE OF PARTICIPATION

This is to certify that

**AMANDA VAN DER
LITH**

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:36:33

PACE 12:03/km

GENDER 49 of 88

OVERALL 110 of 166

40 - 49 9 of 18

23 June 2019, Sun

Date



BoutTime

Signature

